

Small Group Questions

Christian Emotion: Joy

May 12, 2019

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*You do NOT have to answer or discuss every question. Feel free to just pick a few. These are meant to guide you in truth. If you are having trouble answering a question, ask your small group leader to help you. They are committed to helping you develop as an authentic follower of Christ.

The COMMUNITY:

1. Would those closest to you describe you as a joyful person?

Into the WORD/APPLICATION:

Here are some suggested sites in order to dive deeper into God's Word: blueletterbible.org, desiringgod.org/articles/all, biblos.com, ccel.org, logos.com, connect.ligonier.org, thegospelcoalition.org/channel/bible-and-theology.

1. Read Philippians 4 as a group and answer the following questions.
 - a. Paul commanded the Philippian church to rejoice (verse 4) while writing from prison. How can we have joy in the midst of affliction? (also consider James 1:2-3)

 - b. How does prayer and thanksgiving lead to joy (verses 6-7)?

c. What are some things you need to be meditating on (verses 8-9) to help you to be a more joyful person?

d. What is the relationship between joy and contentment (verses 10-13)?

2. Consider Romans 12:15. How can we enter into the joy (and sorrow) of others? Why is it important to do so?

3. What are some practical steps you can take this week to rejoice in the Lord?